

Seaside arrow-grass

Juncaginaceae

Triglochin maritima



In the Garden

This herbaceous perennial grows 2-3' tall and works well in a pond setting in the native garden. The purple spike of flowers emerges summer through fall.

After bloom, the long, ropey seed head catches your attention and adds an attractive vertical element in the landscape.

Found in brackish and saltwater marshes, this plant tolerates salty soils.

Sun: Full Sun

Water: Light, Moderate, High

Soil: Clay, Loam, Sand

Other: Attracts Birds, Erosion Control

Ecological Value:

Seeds provide food for birds.

Historical Uses:

Seeds have been roasted and used as a substitute for coffee.

Native Distribution:

Native to California and also found elsewhere in North America and beyond.

Elevation:

Between 0 and 7500 feet

Plant Communities:

Coastal Salt Marsh

Habitat:

Brackish marsh planes.